HAEMOPHILIA SOCIETY OF SINGAPORE

THROUGH THE YEARS ...

1985 - 2020

ANNUAL REPORT
2020-2021

CONTENTS

CONTACT INFORMATION

Registered Address
Block 704 Bedok Reservoir Road
#01-3622
Singapore 470704

Mailing Address
Farrer Road P O Box 0273
Singapore 912810

Key Bankers
DBS Bank
MaybankSingapore Ltd
CIMB Bank

Auditors
TKNP International

TREATMENT CENTRES

Singapore General Hospital
Staff-in-charge : Zhang Xiao
Telephone No. : 63213844

National University Hospital
Doctor-in-charge : Dr Koh Pei Lin
Telephone No. : 67725030

KK Women's & Children's Hospital
Staff-in-charge : Lim Chiew Ying
Telephone No. : 63926343

ABOUT

HAEMOPHILIA SOCIETY OF SINGAPORE

Haemophilia Society of Singapore is a voluntary organisation that was registered under the Charities Act on 17 September, 1986. It was set up by a group of people with haemophilia, parents, healthcare providers and some interested professionals. It is an Institution of Public Character and an affiliated member of the World Federation of Haemophilia.

The Society's main service to its members is to provide subsidies for members' treatment costs at three government hospitals. This is to alleviate the high costs that members often incur following bleeding episodes. Apart from financial assistance, the Society offers support to parents to help them cope with a haemophilic child, promotes home treatment and keeps members abreast of developments in the area of haemophilia care.

Our Mission

To ensure that every person with haemophilia receive affordable and safe treatment so as to lead productive lives in Society.

Our Objectives

- To help people with haemophilia to achieve their potential.
- To look after the welfare of people with haemophilia.
- To assist with treatment costs.
- To promote public awareness and understanding of haemophilia

Unique Entity Number (UEN)
S85SS0047A
Charity Registration No
00374
Society Registration No
ROS 105/85

MANAGEMENT COMMITTEE

Name	Designation	Date of Last Appointment *	Attendance at meetings
Dr Gan Kim Loon	President	27 Sep 2020	Owing to Covid-19 pandemic restriction and lockdown in 2020/2021, committee meetings could not be held regularly. Physical meetings were dependent on numbers allowed to meet each time by the government, be it 5 or 8. One virtual committee meeting was held in June 2021
Chee Chun Woei	Vice-President	27 Sep 2020	
Wee Ai Choo	Honorary Secretary	27 Sep 2020	
See Ek May	Asst. Hon. Secretary	27 Sep 2020	
Lim Keok Kung, Freddy	Honorary Treasurer	27 Sep 2020	
Ang Har Boon, Anthony	Committee Member	27 Sep 2020	
Ng Teck Hiang	Committee Member	27 Sep 2020	
Tan Gek Cheng	Committee Member	27 Sep 2020	
Dr Tan Hooi Hwa	Committee Member	27 Sep 2020	
Vaz Grace	Committee Member	27 Sep 2020	

Elected at * the 27 September, 2020 Annual General Meeting

PRESIDENT'S MESSAGE

After one and a half years, the world is still struggling with the Covid-19 pandemic. So far, it has claimed the lives of more than four million people. We are dealing with a very tricky enemy. There are variants emerging one after another, even as nations are speeding up their vaccination programmes. Viral mutations are unstoppable. New strains are found to be more contagious and more formidable. We are unlikely to see the virus going away in the near future and we will have to accept that it will remain with us for a long time and we will have to adapt our lives to a new normal.

The theme for the year 2021 World Haemophilia Day is "Adapting to Change, Sustaining Care in a New World". Haemophilia is a hereditary condition. People with Haemophilia (PwH) must deal with their disability life-long, adapting to challenges one after another. There are different forms of treatment over the years, complications arising from the treatment, and complications arising from the bleeds. These are some of the challenges they have to adapt to throughout their lives.

When haemophilia was first diagnosed in the early 1800s, there was no proper treatment available. I was told when a boy gets a joint or muscle bleed, the treatment given were some analgesics, bandages, immobilization, cold compress, and hospital stay till the swelling and pain subsides. Life expectancy was then about 14 years.

From the 1950s to 1960s, fresh frozen plasma was introduced for treatment, but the patient needed a large volume of the plasma to stop the bleeding. Complications could arise due to fluid overload. By 1960, life expectancy of PwH had risen to 20 years. Still, almost none lived to adulthood.

By 1965, cryoprecipitate was found to be the preferred treatment. It is a preparation from thawed plasma; it contains more factors in a smaller volume. It was considered good enough for surgical procedures for PwH; but it must be given in a hospital setting and if often caused allergic reactions. This, however, was considered a breakthrough at that time.

In the 1970s, freeze-dried powder formula of Factor VIII and Factor IX were available. These were prepared from pooled plasma resulting in neatly packaged bottles of freeze-dried factor concentrates. This powdered formula made it possible for home treatment for the first time, greatly changing the lives of PwH.

However, in the 1980s, we saw the emergence of HIV and AIDS. Many PwH throughout the world were found to be HIV positive and suffering from AIDS through contaminated products. In addition, many also had contracted Hepatitis C through the blood products. Although factor concentrates were available in the 1970s and 1980s, PwH in Singapore were not given these products. They were given cryoprecipitate that was prepared locally, thus sparing them from the unfortunate disasters of HIV and AIDS. However, they were not spared from Hepatitis C infection.

By the 1990s, stringent blood screening was introduced, and viral inactivation of blood products was implemented to weed out potential viral contaminants.

From early 2000, recombinant products of factors VIII and IX were available. Treaters were encouraged to use these products especially for children. With the use of these newer products and the implementation of prophylaxis, these boys are expected to have a normal life span if given appropriate treatment.

Recently, more developments have come into the picture. There are products with extended half-life, thus reducing the frequency of infusion, increasing treatment adherence, and improving clinical outcomes; finally achieving a good quality of life. ,There is also the non-factor replacement agent. This is especially useful for PwH with inhibitors. Eventually, our ultimate hope for all PwH is the availability of gene therapy in the near future.

Due to the restrictions during this period of pandemic, several activities have been shelved. We could not have group activities like outings and physical meetings. We could not also proceed with our annual movie screening for fund raising. However, we managed to start a Youth Committee with the objective of fostering bonds among the young members. The first event was the ' Le Valiant ' on 13 December 2020, a gaming competition carried out virtually. Then on 6 February 2021, a virtual talk was given by Dr Yap Eng Soo, Consultant Haemotologist, from the National University Hospital on "Re-look at Haemophilia and What's New?". Fortunately, this year we were able to carry out our ' Project Calendar ' which brought some funds into the Society.

In the financial year of 2020/2021, the Society raised a total of $202,121. However, treatment subsidies for the same period came up to $265,176. Treatment subsidies make up 94.65% of the Society's expenditure.

To conclude, I would like to thank all our supporters, individuals as well as corporations, for their unstinting generosity despite the difficult times we are facing. Many thanks also go to our health care workers, especially those who have been looking after our members. Finally, my expression of sincere gratitude goes to the Society's Committee Members for their selfless volunteerism in the Society.

Dr Gan Kim Loon
President
Haemophilia Society of Singapore

YEAR IN REVIEW : CALENDAR OF EVENTS

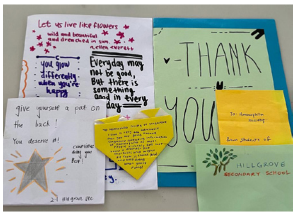
COMMUNITY : Hillgrove Secondary School

Haemophilia Society of Singapore was one of the beneficiaries from a scaled-down event 'Green @ Hillgrove 2020' organized by Hillgrove Secondary School together with Bukit Gombak Citizens' Consultative Committee. Going green had been a way of life that had taken root for many years.

In the past, the students and staff collected from the neighbourhood vicinity old newspapers, magazines and books which were then sold to raise funds for charitable causes. The Covid-19 situation prevented that from happening. Instead as part of on-going education, the students learnt more haemophilia and how the Haemophilia Society helped its members. The students made cards and penned uplifting messages for haemophilia members to stay 'strong' and be positive despite their bleeding disorders. They also thanked the Society's team for their hard work.

Dr Gan Kim Loon thanked the Principal, Mrs Angeline Chan, staff and students and also the Bukit Gombak Citizens' Consultative Committee for supporting the haemophilia cause.

Hillgrove Secondary School



Cards & Messages

LOCAL : Singapore's Haemophilia Day

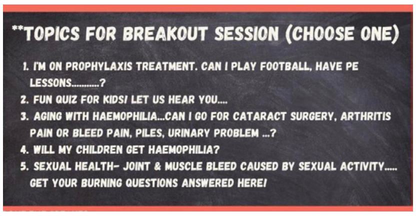
Unlike previous years where haemophilia members, doctors and related professional staff would gather at a hotel for an interesting session on haemophilia related topics, the current Covid-19 pandemic situation had changed all that.

Webinar

To mark World Haemophilia Day on 17 April 2021, the Singapore National Haemophilia Treaters Group organized a Webinar. Staff from Singapore General Hospital, Kandang Kerbau Hospital and National University Hospital shared on 'Challenges faced during Covid-19 pandemic' while the guest speaker, Mr Greig Blamey, spoke on "Physio after a bleed?", "I'm on prophylaxis ...." and "Do I need physio?" Mr Blamey is the Physiotherapy Consultant with the Manitoba Adult Inherited Bleeding Disorders Programme and a certified Hand Therapist.

Mr Greig Blamey

A 'Breakout Session' was also held for members to choose the topic that was of interest to them.



**TOPICS FOR BREAKOUT SESSION (CHOOSE ONE)

1. I'M ON PROPHYLAXIS TREATMENT. CAN I PLAY FOOTBALL, HAVE PE LESSONS..........?
2. FUN QUIZ FOR KIDS! LET US HEAR YOU....
3. AGING WITH HAEMOPHILIA...CAN I GO FOR CATARACT SURGERY, ARTHRITIS PAIN OR BLEED PAIN, PILES, URINARY PROBLEM ...?
4. WILL MY CHILDREN GET HAEMOPHILIA?
5. SEXUAL HEALTH- JOINT & MUSCLE BLEED CAUSED BY SEXUAL ACTIVITY..... GET YOUR BURNING QUESTIONS ANSWERED HERE!

Participants found the Webinar interesting and 17 April 2021 was indeed a World Haemophilia Day with a difference!

Topics for 'Breakout Session'

WORLD :HAEMOPHILIA DAYCELEBRATIONS

"The Covid-19 pandemic has made life challenging for people with a bleeding disorder .....World Haemophilia Day is a platform for showing the world that our community is resilient and we will overcome this new challenge as we have overcome other challenges in the past." That was the message from Cesar Garrido, World Federation of Haemophilia's President as the global bleeding community gathered together to mark World Haemophilia Day on 17 April, 2021.

The theme of the event was " ADAPTING to CHANGE: sustaining care in a new world ". With the Covid-19 pandemic having a major impact on people with a bleeding disorder, that objective had never been more important.

Support from the global community was evident where many landmarks around the world participated in the 'Light it up Red' campaign to mark World Haemophilia Day. Virtual events were also held by different haemophilia groups around the world.

"Adapting to CHANGE"
World Haemophilia Day

Landmarks "Light it up Red"

SINGAPORE : HSS ACTIVITIES

The Covid-19 pandemic spelt an end to physical activities that the Haemophilia Society of Singapore (HSS) used to organize. Its main fund raiser, the Charity Film Premiere, could not be held.

Two virtual activities were organised in December 2020 and in February 2021. The December on-line gaming activity 'Le Valiant' was held on two dates, 13 and 20 December, 2020 and it catered mainly to teens and youths.

The 6 February, 2020 talk was an on-line Zoom session where Dr Yap Eng Soo, Senior Consultant spoke on ' A Relook at Haemophilia & What's New'. Members who signed in were positive upon learning the latest developments in haemophilia treatment.

Dr Yap's talk

"Le Valiant" poster

Mr Nicholas Lim was born with haemophilia, but he does not let the rare blood disorder hold him back from fulfilling his dreams. The full-time swimming instructor hopes to inspire younger haemophiliacs, who tend to fall into depression and anxiety-related issues more easily.

How a Former Manhunt Finalist Rises Above His Rare Blood Disorder

Mr Nicholas Lim, 30, has an invisible disability — a genetic blood disorder known as haemophilia which results in him bruising and bleeding easily. But that isn't stopping the swimming instructor and fitness buff from pursuing his fitness dreams.

You would think someone who genetically cannot stop bleeding if injured, would want to live life in a protected bubble ala Jake Gyllenhaal's character in the 2001 movie, Bubble Boy.

But 30-year-old Nicholas Lim, a beneficiary of the Haemophilia Society of Singapore (HSS), has taken a whole other route.

He pumps iron six times a week, has taken part in six triathlons, and is so sculpted that he was even scouted to participate in the male beauty pageant Manhunt two years ago.

Mr Lim is one of about 300 Singaporeans who suffers from haemophilia, a rare genetic blood disorder. It affects the body's ability to make blood clots – a process which stops bleeding. People with haemophilia don't bleed faster but bleed for a longer time. Among other things, this results in an increased risk of bleeding inside the joints or the brain.

In between his work out sessions, Mr Lim undergoes a treatment with Factor 8, an essential blood-clotting protein, thrice a week. He also suffers from an old ankle and shoulder blade injury which needs extra attention.

The treatment is pricey and can cost patients about $200 to $600 a month, after receiving a 50 to 75 per cent subsidy from the government and another 20 to 25 per cent subsidy from HSS, he said.

Mr Nicholas Lim swims two to three times a week and works out at the gym regularly to keep fit. Haemophilia and the constant bleeding in his right ankle has resulted in early arthritis. However he hopes to strengthen his right ankle so that he can trek to Mount Everest Base Camp by age 34, and hopefully summit Mount Everest one day.

At present, the HSS is aiming to raise $150,000 in funds by June next year to help support patients like Mr Lim.

The Society is one of four relatively under-the-radar healthcare-related charities which are participating in the National Volunteer and Philanthropy Centre's SG Cares Giving Week Fund.

The others include the Epilepsy Care Group, Cancer Wellness Limited and Thong Chai Institute of Medical Research.

Like epilepsy which affects one in 50 people, haemophilia is rare and happens to only one in 5,000 males, which sometimes makes for a lonely journey.

In Mr Lim's case, he faced taunts from bullies in school. At 11, he weighed a hefty 60kg, having been exempted from physical education classes. "In dialect, my classmates called me names like 'fat pig'."

At times, he would cry to himself, wondering why he had been born with such a disorder.

> ***"I used to cry and wonder why I was born with this disorder. I realised along the way that I should not let the disorder define me. I have control over my own body and destiny."***
> Mr Nicholas Lim, beneficiary, Haemophilia Society of Singapore

Pointing at how severe his condition can get, Mr Lim said, "I'm considered a moderate case but for people like us we have to err on the side of caution. Once, I suffered internal bleeding in my brain because I had walked into a lamppost while reading a book.

"According to the doctor attending to us, if my mother had delayed bringing me to the hospital, I would have suffered from brain damage."

Having been diagnosed as a baby, Mr Lim grew up with a phobia of injections. It did not help that the disorder required him to make tri-weekly visits to the hospital to receive injections to help his blood clot. "My parents had to swaddle me with a blanket so nurses could inject me on my arm. I was terribly fearful of injections and didn't understand what was happening."

Since then, he has overcome his fear of needles and injects himself at home thrice a week, each time with 1,000 International Units (a measurement of drugs and vitamins) of Factor 8.

When he's not in training, the full-time swimming instructor spends most of his time in the water teaching children.

Society president Dr Gan Kim Loon, 70, a general practitioner at a clinic in Bedok Reservoir Road, noted that while treatment of haemophilia is very expensive, it is essential for patients to get regular treatment.

He shared that medical science has improved by leaps and bounds such that individuals with the disorder can live a normal lifespan — a far cry from pre-1960s when most barely made it past 11, and in the 1980s when the average life expectancy was 50 or 60 years.

Dr Gan said the pandemic affected the voluntary welfare organisation's fundraising activities this year. Usually, the Society hosts a movie premiere where $100,000 is raised at a go.

"As a result of Covid-19, we've only managed to do a calendar sale. So we're still appealing for donations to meet our annual fundraising target of $250,000 to support our beneficiaries.

"You can donate to us via our Giving.sg page or by writing to us. Ninety per cent of what we raise goes towards subsidising the treatment of our patients at KK Women's and Children's Hospital, the Singapore General Hospital and the National University Hospital," said Dr Gan.

Dr Gan said Mr Lim's story is encouraging to his other "blood brothers" in Singapore who can look at his life and feel hopeful that the possibilities are endless.

Mr Lim added, "I used to cry and wonder why I was born with this disorder. I realised along the way that I should not let the disorder define me. I have control over my own body and destiny."

Haemophilia Society of Singapore is part of NVPC's SG Cares Giving Week Fund, which was set up to help charities (with an annual gross income of less than $500,000) sustain themselves with the needed financial resources so that their good work for the communities they serve can continue.

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Photographs by Caroline Chia
Story by Melody Zaccheus

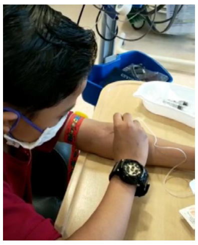
KEY PROGRAMMES

There are just over 200 people in Singapore registered with haemophilia, mostly males, though women can carry the genetic alteration causing haemophilia. Haemophilia is usually inherited, but one-third of those affected are without any known family history.

Effective treatment for haemophilia is available, but as yet there is no cure. Treatment is very costly and many encounter difficulties meeting the costs. Aid from the Society is rendered to all its members regardless of background, to help alleviate the heavy financial burden.

The key programmes offered by the Society range from treatment subsidies, educational talks, parents' support, fund raising activities and more.

• Treatment Subsidy


Mohd.Adyan's self-infusion

Haemophilia is treated by replacing the missing clotting factor in the blood. This is done by injecting a product that contains the needed factor into the vein. Bleeding stops when enough clotting factor reaches the affected area.

The Society assists its members with monthly subsidies to defray part of their treatment costs, capped at $800 and $400 per month for youth/adults and children respectively. The funds raised by the Society are used mainly to fund this programme.

• Welfare Fund

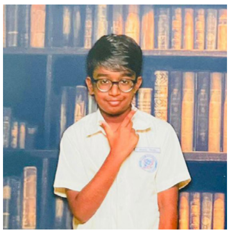
The Society provides assistance to members with haemophilia facing financial hardships. Requests for aid are approved by the Committee when warranted. Regular reviews are conducted and long term dependency discouraged. Members may be referred to other social agencies for more appropriate help if required.

• Educational Awards

These awards are given annually to encourage our school going members to value the importance of education. The awards are based on academic performance and the monetary rewards range from $200 for primary schools to $600 for junior colleges/ polytechnics/ITE.

For 2020, seven awards were given to members from primary (2), secondary (3) and JC/ITE (2).


Jervis Tham:
Junior College recipient


Prakul Pirabu:
Primary School recipient

• Seminars/Talks/ Publicity

Seminars and talks are organized to impart knowledge of haemophilia and to share latest developments from specialists locally and overseas. Only virtual events were held and an on-line Zoom talk by Dr Yap Eng Soo, was organized on 6 February , 2021. An article on member Nicholas Lim, by 'WhatAreYouDoing' provided publicity about his rare blood disorder. Please read more from Nicholas' sharing.

• Support Group

A Chat Group was initiated to keep parents in touch with one another to share regarding children's bleeds and concerns.It also enabled parents to obtain moral support from one another.

• Home Infusion

Haemophilia members are encouraged to learn self-infusion to be on the home therapy programme. One KKCH patient, 14 year old Mohd. Adyan, successfully learnt to self-infuse. Haematology Resource Nurse Lim Chiew Ying presented him a Certificate to mark his achievement. May he inspire others to try too.


Chiew Ying & Mohd. Adyan:
Certificate presentation


Sel-Infusion: Mohd. Adyan

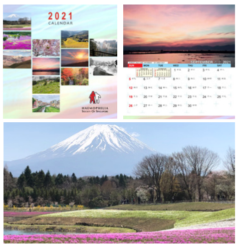
• Fund Raising Events

Project Calendar 2021 was the only major fund raising project for the year owing to the Covid-19 pandemic.

The beautiful scenic photographs were kindly contributed by Anna Diep, Lim Cheng Wee, Lua Fengyi, Lea Madoni, Magdeline, Sebastian Poh, Tan Mei Mei, Wee Ai Choo and Helen Yong. The Society would like to thank the photographers and Mr Wong Chen Liong who sponsored the calendar.

When asked, Brenda Lim, one of the regular photographers shared that it " was the least she could do compared to the hard work involved…" while Helen Yong, the other felt "happy she could contribute to a good cause".

A big "thank you" too to the many kind and generous donors for their donations and all who bought the calendars. Together they made it possible to raise an amazing $130,000!



Project Calendar 2021


Scenic picture of Calendar contents

Charity Bake Sale

Chee Chun Woei, his wife and two young daughters organized this "cookies for sale" in December 2020 and raised some $4000 for the Society. Cookies sold ranged from brownies to ondeh-ondeh. Thank you Chun Woei and family for the hard work and hours of baking!


Bake Sale

SUNDAY, 20 DECEMBER
6PM - 9PM

To order WhatsApp 9107 9544

Proceeds from our BAKE SALE will go to the Haemophilia Society of Singapore

Ondeh-Ondeh Cookie
$25/Bottle (20pcs)

Cranberry Pistachio Cookie
$12/Bottle (20pcs)

Sea Salt Brownie
$3/Slice

Bake Sale pamphlet


Ondeh-ondeh cookies


Which cookies please?

Cycling for Haemophilia

by Wee Ai Choo

Family of Amina & Fawzie Bessaih

Let us meet Aminah & Fawzie Bessaih, a French professional couple living in Singapore since 2019 and their two sons, Adem 11 years and Nael, 4 years, who has Gianzmann's Thrombasthenia, a blood disorder similar to Haemophilia, where his blood does not clot. Nael is fortunate to have 100% French insurance coverage unlike the haemophilia members in Singapore, who have to contend with the high treatment costs even after subsidy from the government and the Haemophilia Society of Singapore.

Aminah and Fawzie learnt about the haemophilia community in Singapore and offered to help raise awareness of the condition, not only among their expatriate network of friends and colleagues, but also among Singaporeans, many of whom have not heard about haemophilia. For a start, they promoted the sales of desk calendars 2021 to support the Society's fund raising efforts.

HSS Tote bag

Both Aminah and Fawzie are cycling enthusiasts who often cycle 30 – 40 km every weekend when in France. At cycling stops they would share about haemophilia to raise awareness among those gathered. The husband and wife pair decided they would embark on a similar cycling journey in Singapore to highlight the haemophilia cause. Dr Gan Kim Loon whom they met, assisted with the application and provided the Society's T-shirts and Tote bags. Owing to the Covid-19 situation, there were strict rules to comply. No camping outdoors at night (only proper lodgings) and no talks allowed. Their original plan had to be modified.

Planning began in earnest–number of days required, the dates, the routes, bicycle checks and the many "extras" in the check list. The only factor beyond their control was the weather! Hence they provided for weather disruptions – extreme heat or rain though their cycling target per day was 40 – 50 km.

Map of Cycling Route & picture of Amina & Fawzie Bessaih

Highlights of the 5 Day Cycling Tour

Day 1 (40 km)
Saturday 7 November

Dominic with Amina & Fawzie at Changi Chalet

Serangoon – Changi Beach

Pleasant ride from Jurassic Mile to Tanah Merah Coast Road enroute to Changi Beach. Engaged in "Beach Clean-Up" to help clear litter. Met haemophilia member Dominic and his family.

Day 2 (50 km)
Sunday 8 November

Cycling in the rain . . .

Changi Beach – Kranji Farm

Rain and more rain throughout the day which made cycling difficult! Managed to cover Pasir Ris Park, Punggol, Woodlands, Kranji Reservoir Park and finally Kranji Farm Resort. The farm area appeared remote with hardly any traffic on the road. Dr Gan Kim Loon and family visited in the evening and a fruitful exchange ensued.

Met Drs Gan Kim Loon & Victor at Kranji Farm Resort

Day 3 (30 km)
Monday 9 November

Cycling on dangerous road….

Kranji Farm – Raffles Marina Tuas

It was an extremely hot day as they cycled on a route frought with danger owing to speeding trucks on the highway. The piercing sun also made cycling difficult and only 30 km was covered. The exhausting day ended with a spectacular sunset viewed from the Marina Boat Jetty!

Day 4 (55 km)
Tuesday 10 November

Mrs Wee Ai Choo , Amina & Fawzie at West Coast Park

Raffles Marina – Sentosa / Harbour Front

More cycling danger from Malaysian trucks encountered as they departed Tuas and headed west, through Pandan Reservoir. At West Coast Park they met Mrs Wee Ai Choo who briefed Amina and Fawzie on their next day's stopovers at SGH & KKH. They enjoyed their visits to Haw Par Villa, Mt Faber, Vivo City, Sentosa's Universal Studios and beaches.

Day 5 (55 km)
Wednesday 11 November

Harbour Front – Serangoon

At SGH with Dr Tien S.L. & Sister Yeam Shin Yen

Dr Joyce Lam with couple at KKH

The last leg of their cycling journey included stops at SGH where they met the Haematology team, Professor Tien Sim Leng and Sister Yeam Shin Yen and at KKH, their son's Haematologist, Dr Joyce Lam. They cycled on to landmarks like Merlion and Raffles Hotel before heading home via Marina Bay Bridge to East Coast Road and finally back to Serangoon, their starting point.

"Mission Accomplished!"

Amina & Fawzie: "We're heading home . . ."

Amina and Fawzie's initiative to " cycle for haemophilia " in Singapore saw the couple cycling 230 km in sunshine and in rain, overcoming odds and danger along the routes, enjoying the wonders of nature, the radiant sunsets and the warm friendships from the haemophilia community – all of which made the cycling journey worthwhile! Their daily postings on Facebook received many praises and encouragement from both expatriates and Singaporeans and a French magazine followed up with an article subsequently.

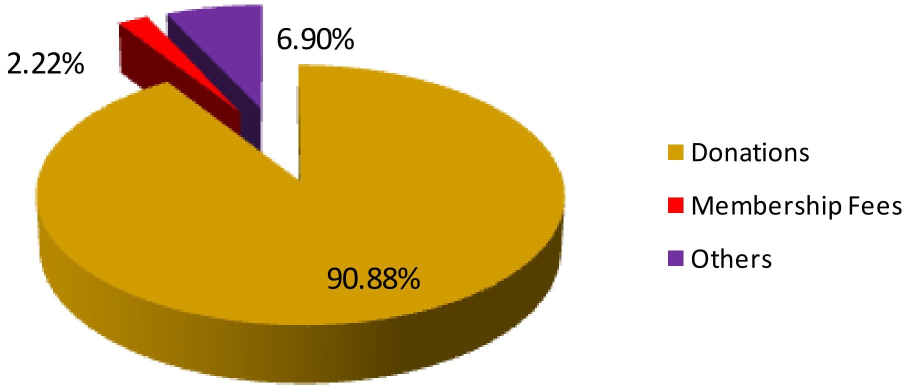
It was indeed a challenging 5 day cycling experience. Amina and Fawzie– you are both truly awesome! From all of us at the Haemophilia Society of Singapore:

> ***" There is nothing more beautiful than someone who goes out of their way….for others."***
>
> Mandy Hale

Thank you for the heart you have for the haemophilia cause.

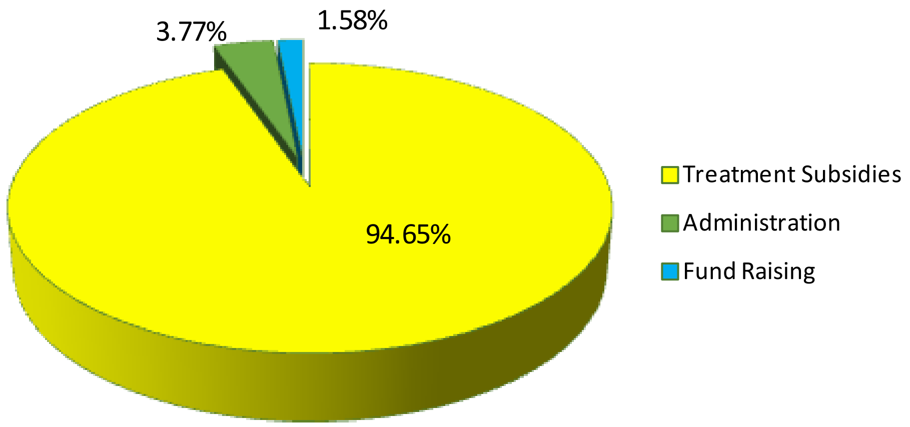
FINANCIAL INFORMATION SUMMARY

Breakdown of Total Income 2020/2021



Donations	$183,697.00	90.88%
Membership Fees	$4,480.00	2.22%
Others	$13,944.62	6.90%

Breakdown of Total Expenses 2020/2021



Treatment Subsidies	$265,176.66	94.65%
Administration	$10,549.94	3.77%
Fund Raising	$4,440.00	1.58%

Please see insert for Financial Statement 2020/2021

OUR DONORS

INDIVIDUALS

Alsagoff Fuad
Ang Bee Lian
Ang Har Boon
Ang Zhaoxi, Glen
Aye, Zarni
Bessiah, Fawzie
Bharatharun, Ramasamy
Bong Kwee Wee
Cahyadi, Jeffrey
Chan Beng Lai
Chan Jia Pei
Chan Kok Siong
Chan Mee Kiang, Dora
Chan Sai Mun
Chee Chun Woei
Chee Jing Jye (Dr)
Chen Ai Zhong
Chew Hwee Koon
Chew Siew Kuan
Chew Suan Imm
Chew Yeow Yong
Chia Hee Chye
Chia Tian Weng
Chiang Poh Leong
Chiang Sau Lin, Flora
Chin Mee Ee
Ching Kwong Fai, Alan
Chng Gek Cheng
Chng Gek Siang
Chng Thee Ing
Chong Sabrina
Chua Chin Hup
Chua Chwee Beng
Chua Lay See
Chua Meng Pin
Chua Seok Fen
Clarke, Louise
Dilip, Meher Nishant
Foo Bao Jiun
Foo Joo Pin (Dr)
Fung Hao Shia
Gan Kim Loon (Dr)
Goh Boon Hong
Goh George
Goh Hua Hiang
Goh Kim Cheng
Goh Koon Tho
Goh Siew Lian, Agnes
Goh Sok Eng
Gunawan, Jasin
Heng Chee Chou
Heng Edmund
Heng Mui Khoon
Ho Jong Li, Jasmine
Ho Kwong Soon, Bernard
Hoon Yat Meng
Huay Kwok Meng
Ikasari, Lilik
Kan Kam Kheen
Khong May Yue
Khoo Bee Keng (Dr)
Khoo Mei Ying, Grace
Koh Pei Lin (Dr)
Koh Zhen Hao
Kua Hui Eng
Kumar Saravanan V.
Kuperan Ponnudurai (Dr)
Kwek Soo Lay
Kwok Yang Choo
Lai Chun Hong, Gary
Lai Yit Kai
Lam Ching Mei, Joyce (Dr)
Lee Chai Luan, Connie
Lee Jun Hin, Kenneth
Lee Lilin
Lee Min Yi
Lee Mui Nam
Lee Su Hui, Lena
Lee Van Sa, Michelle
Lee Wan, Clare
Leiw Jean
Leong Kai Sheng, Ryan
Leong Lee Koon, Angela
Leong Siew Fong
Liau Suzanne
Liew Hock Meng
Lim Ah Lay, Judy
Lim Benjamin
Lim Brenda
Lim Chai Yee
Lim Freddy
Lim Huiy Ling
Lim Shew Keng, Lisa
Lim Shirley
Lim Spencer
Lim Yeong Sing
Lim Yi Sim, David
Ling Leong Siung
Loh Chin Seng
Loh Shu Ching
Long Yuen Har, Margaret
Low Chee Kok
Lye Susan
Lyen Kenneth (Dr)
Menard Isabelle
Mok Chee Keong
Muhd. Izzat bin Abdol Rahman
Neo Eng Hoe
Ng Boon Serh
Ng Hui Fen
Ng Jing Han, Joie
Ng Jing Hern, Jim
Ng Jun Cong
Ng Nancy
Ng Swee Chai
Ng Tai Tee
Ng Teck Hiang
Oei Kim
Ong Chew Mee
Ong Connie
Ong Laureen
Ong Lay Choo
Ong Lee Fong, Maggie
Ong Lung, Reuben
Ong Wei Chuah, Bervyn
Oucif Meroura
Pan Ai Lian
Pan Yue
Pang Hee Yap, Jake
Phua Seok Kian
Phung Meei Lin
Poh Beow Kiong (Dr)
Poh Soon Leong
Poh Zi How
Poh Zi Yang
Quay Chew Eng
Quek Shao Kin
Quek Sim Pin
Quek Yew Sing
Quek Young Boon
Saida, Chekri Ep.C.
Sarmiento, Evalla J.
Seah Choo Meng
See Bee Bee
See Beng Teck (Dr)
See Chun Wei, Jonathan
See Ek May
Seng Boon Kheng (Dr)
Seng Nerine
Seow Jen Yi
Sheyo, Fie Fie
Shuai Shiyu
Sia Yoke Leng
Sim Victor
Sin Guan Heng
Siti Jamilah bte Juhari
Soh Sai Sim, David
Soh Siew Hong
Solaiman Theresia
Song Yet Lee
Soo Justin
Soon Aston
Tamaz
Tan Boh Cheng, Iris
Tan Chee Soo
Tan Chun Long
Tan Chyun Yi
Tan Hong Beng
Tan Hwee Lay
Tan Kai Ern
Tan Lai Ean, Diane
Tan Li Juan
Tan Mei Mei
Tan Siang Yee
Tan Siew Tin, June
Tan Tat Chu
Tan Wei Tong
Tang Wei Ze
Tay Jia Wen, Gabriel
Taye Mervyn
Teng Jeng Pin
Teo Ah Cheo
Teo Chin Tat
Teo Eng Hui, Bernard
Teo Wei Ling
Tey Siew Ling
Toh Qiao Lin
Toh Seck Gee
Tukol K T
Turairahs Saraswathi
Vaz Gerard
Wam Meng Huat
Wee Ai Choo
Wee Alison
Wee Clinton
Wee Derek
Wee Lester
Wong Chee Meng
Wong Chen Liong
Wong Chi Lun, Alan
Wong Chin Loong
Wong Mae-Ling, Stephanie
Wong Patsy
Wong Peng How, Alan
Wong Raymond
Wong Seng Nguong, Steven
Wong Yang Ping
Woo Chu Sin
Yap Boon Kim, Pamela
Yap Ju Long, Christopher
Yap Zi Qi
Yeam Shin Yen
Yee Wai Choh
Yeo Chin Loo
Yeo Chung Hwa
Yeo Philip
Yeong Lee Yoo
Yong Helen
Yong Kuek Siong (Dr)
Zhang Weina
Zhang Xingyi
Zhu Lifang

ORGANISATIONS

CSL Bering Pte Ltd
Eshcol Pharmaceutical Group (Singapore) Pte Ltd
Ernesto Bedmar Architects
Estate of Saddique Nasser Omar Hassan
Estate of Wee Kim Hin
Hillgrove Secondary School
Intelleigen Legal LLC
Loyang Tua Pek Kong Temple
Scuba-Fix Pte Ltd
THL Holdings Pte Ltd
SG Cares Giving Week

CODE OF GOVERNANCE: EVALUATION CHECKLIST FOR HAEMOPHILIA SOCIETY OF SINGAPORE

Reference No: CPGE-200601-000150
Submitted By: S****468A on 16-08-2021 13:34:25 FIEFIE SHEYO

Enhanced

This Enhanced Checklist is for large charities with gross annual receipts or total expenditure of $10 million or more; And IPCs with gross annual receipts or total expenditure from $500,000 to less than $10 million. To change the checklist, please go back to Checklist Selection page.

S/N	Code Guidelines	Code ID	Response	Explanation
BOARD GOVERNANCE				
1	Induction and orientation are provided to incoming Board members on joining the Board.	1.1.2	Complied	
2	Are there Board members holding staff* appointments?		No	
4	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) can only serve a maximum of 4 consecutive years. If the charity has not appointed any governing board member to oversee its finances, it will be presumed that the Chairman oversees the finances of the charity.	1.1.7	Complied	
5	All governing board members must submit themselves for re-nomination and re-appointment, at least once every 3 years.	1.1.8	Complied	
6	Are there Board member(s) who have served for more than 10 consecutive years?		Yes	The six committee members have contributed significantly in their respective professional capacities in the areas of medical, social work/counselling, IT. network outreach, Chinese media relations and as a person with haemophilia. They have seen to the progressive development and improvement of the Society's services and operations. Appeals have been made over the years for "new blood" to step forward.
7	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied	

CONFLICT OF INTEREST				
8	There are documented procedures for governing board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied	
9	Governing board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied	
STRATEGIC PLANNING				
10	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied	
HUMAN RESOURCE AND VOLUNTEER* MANAGEMENT				
11	The Board approves documented human resource policies for staff.	5.1	-	Not Applicable. The Board are all not paid and there are no paid staff.
12	There is a documented Code of Conduct for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	No	
13	There are processes for regular supervision, appraisal and professional development of staff.	5.5	-	Not Applicable
FINANCIAL MANAGEMENT AND INTERNAL CONTROLS				
14	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	-	Not Applicable
15	The Board ensures that internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied	
16	The Board ensures that reviews on the charity's internal controls, processes, key programmes and events are regularly conducted	6.1.3	Complied	The Society has its Operation Manual in place for the management of the Society.
17	The Board ensures that there is a process to identify, and regularly monitor and review the charity's key risks.	6.1.4	-	Not Applicable
18	The Board approves an annual budget for the charity's plans and regularly monitors the charity's expenditure.	6.2.1	Complied	
19	Does the charity invest its reserves (e.g. in fixed deposits)?		Yes	
20	The charity has a documented investment policy approved by the Board.	6.4.3	Complied	

FUNDRAISING PRACTICES				
21	Did the charity receive cash donations (solicited or unsolicited) during the financial year?		Yes	
22	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.	7.2.2	Complied	
23	Did the charity receive donations in kind during the financial year?		Yes	Letter of Thanks to donors
DISCLOSURE AND TRANSPARENCY				
24	The charity discloses in its annual report — (a) the number of Board meetings in the financial year; and (b) the attendance of every governing board member at those meetings.	8.2	Complied	
25	Are governing board members remunerated for their services to the Board?		No	
26	Does the charity employ paid staff?		No	
Public Image				
30	The charity has a documented communication policy on the release of information about the charity and its activities across all media platforms.	9.2	Complied	

Declaration

Full Name as per ID: FIEFIE SHEYO
ID Type: NRIC (CITIZEN)
ID No.: S****468A
Email Address: lysheyo@gmail.com
Designation (within Organisation): Accounts Part timer

☑ I hereby declare that, all the Governing Board Members/ Charity Trustees/ Key Officers have been advised of the disqualification clauses in the Charities Act and that none of them named above are undischarged bankrupts nor have they been convicted of any offence involving fraud, dishonesty, deception or moral turpitude in a court of law.

☑ I hereby declare that the information given in this form and the attached supporting documents to be true, correct and complete.

CONFLICT OF INTEREST DECLARATION
HAEMOPHILIA SOCIETY OF SINGAPORE

As required by the new compliance procedure, all members of the Management Committee of the Haemophilia Society of Singapore disclose on an annual basis that they do not have any conflict of interest with regard to rendering their voluntary service to the Society